Welcome to the latest September Newsletter. This will be produced every 2-3 months and lists the most recent literature in the field.

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Cochrane Reviews

FERGUSON JANET, H. and CHANG ANNE, B., 2014. Vitamin D supplementation for cystic fibrosis. Cochrane Database of Systematic Reviews, (5), Abstract: In Cystic fibrosis (CF) patients receiving vitamin D supplementation, 25-hydroxyvitamin D levels are significantly higher. However, there is no evidence of clinical benefit or harm in the limited number of small-sized published studies. Adherence to relevant cystic fibrosis guidelines on vitamin D supplementation should be considered until further evidence is available. Full Text

GOOD PHILLIP, RICHARD RUSSELL, SYRMIS WILLIAM, JENKINS-MARSH SUE and STEPHENS JANE, 2014. Medically assisted nutrition for adult palliative care patients. Cochrane Database of Systematic Reviews, (4), Abstract: Many palliative care patients have a reduced oral intake during their illness. There are insufficient good-quality trials to make any recommendations for practice with regards to the use of medically assisted nutrition in palliative care patients. Full Text

GULANI ANJANA and SACHDEV HARSHPAL, S., 2014. Zinc supplements for preventing otitis media. Cochrane Database of Systematic Reviews, (6), Abstract: Otitis media is inflammation of the middle ear and is usually caused by infection. It affects people of all ages but is particularly common in young children. As zinc supplements prevent pneumonia in disadvantaged children, we wanted to investigate whether zinc supplements could also prevent otitis media. Full Text

LANGER GERÖ and FINK ASTRID, 2014. Nutritional interventions for preventing and treating pressure ulcers. Cochrane Database of Systematic Reviews, (6), Abstract: Pressure ulcers affect approximately 10% of people in hospitals and older people are at highest risk. There is currently no clear evidence of a benefit associated with nutritional interventions for either the prevention or treatment of pressure ulcers. Further trials of high methodological quality are necessary. Full Text


Dietician Role


Osborne, K. 2014, "Identifying the nutritional needs of dementia patients is essential", Nursing Standard, vol. 28, no. 46, pp. 14-15 Full Text


**Fluid Management**

"Hydration device proves its worth", 2014, *Nursing Standard*, vol. 28, no. 46, pp. 11-11 [Full Text]

Bridget, P. 2014, "Use of fluid thickener to reduce dysphagia risk", *Nursing Times*, vol. 110, no. 12, pp. 16-8 [Full Text]


Ciomartan, T.C. 2014, "What is the best fluid for volume resuscitation in critically ill adults with sepsis? The jury is still out, but a verdict is urgently needed **", *Critical Care Medicine*, vol. 42, no. 7, pp. 1722-3 [Full Text]


Obonyo, N. & Maitland, K. 2014, "Fluid management of shock in severe malnutrition: what is the evidence for current guidelines and what lessons have been learned from clinical studies and trials in other pediatric populations?", *Food & Nutrition Bulletin*, vol. 35, no. 2, pp. S71-8 [Full Text]


**Interventions**


Erlich, A., Di, L.S., Posluns, E. & Stokes, E. 2014, "Food for thought: Are radiation therapists able to recognize patients who would benefit from dietary counseling?", *Journal of Medical Imaging and Radiation Sciences*, vol. 45, no. 2 [Full Text]


Nursing Role


Nutritional Status

Benković, V; Kolčić, I; Uhernik, A; Bender, DV; Oreb, I; Stevanović, R; & Krznarić, Ž. 2014, "The economic burden of disease-related undernutrition in selected chronic diseases", Clinical Nutrition, vol. 33, no. 4, pp. 689-694. Full Text


Lambert, K., Potter, J., Lonergan, M., Tapsell, L. & Charlton, E. 2014, "Efficacy of nutrition as medication in malnourished hospitalised patients is strongly influenced by environmental factors", *Nutrition & Dietetics*, vol. 71, no. 2, pp. 73-79.


**Organisation**


The following sources have been searched for evidence published in the previous four months

- Age and Ageing
- BMJ
- British Journal of Community Nursing
- British Journal of Nursing
- Clinical Nutrition
- Critical Care Medicine
- Current Opinion in Clinical Nutrition and Metabolic Care
- Dysphagia
- European Journal of Clinical Nutrition
- Gastrointestinal Nursing
- GUT
- International Journal of Palliative Nursing
- Intensive Care Medicine
- Intensive and Critical Care Nursing
- JAMA, Journal of the American Medical Association
- Journal of Advanced Nursing
- JPEN, Journal of Parenteral and Enteral Nutrition
- Journal of the Academy of Nutrition and Dietetics
- Journal of the American Geriatric Society
- Journal of Wound care
- Lancet
- NEJM, New England Journal of Medicine
- NICE Published Clinical Guidelines
- NICE Published Technology Appraisals
- Nursing and Residential Care
- Nursing Standard
- Nursing Times
- Nutrition
- Nutrition in Clinical Practice
- Proceedings of the Nutrition Society
- Scottish Intercollegiate Guidelines Network (SIGN)

Please contact the editor for further information.

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ASK your local library if you need support: Goodhope.library@heartofengland.nhs.uk Heartlands.library@heartofengland.nhs.uk Solihull.library@heartofengland.nhs.uk

Topic of the Month
The topic of the month on display in the libraries across the sites for September is Allergies. Visit your local library to see the display.

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Information Skills Training
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